

Maji Rising Healthcare Block Party

Volunteer Instructions Packet

Maji Rising Volunteers

- ✦✦ Hand out food boxes and drinks with a smile!
 - ✦✦ Refill food and drink station as needed
 - ✦✦ Bring your food & drink ticket to join the feast
 - ✦✦ Wear gloves & change as needed
 - ✦✦ Share kindness & connection
 - ✦✦ Help our neighbors feel cared for
- (Thank you for rising with us!)*

Thank you for serving with joy, care, and connection!

What to Bring

Here's your volunteer checklist to help you prepare:

Clothing & Gear

- Weather-appropriate, comfortable clothes (breathable fabrics)
- Closed-toe shoes with good traction
- Hat or cap
- Sunglasses
- Sunscreen
- Refillable water bottle
- Light jacket or extra layer for changing weather
- Snacks or energy bars
- Phone charger or portable power bank

Final Notes

Please arrive at least 20 minutes before your shift to receive a quick orientation.

Check in at the Maji Rising Booth.

If your availability changes or you have any questions, feel free to reach out to Janice at 509-866-6923

Your contact on the day of the event is Janice Miller. You can text or call to connect at 509-866-6923 (She's a millennial, texts are quicker)

After your volunteer shift, please feel free to enter the door prize drawing, grab some BBQ, and join in the fun!

💛 Maji Rising Medical Reception Desk 💛

Volunteer Instructions

1. Check in each guest – count the number of people as they arrive.
2. Wellness Passports – invite guests to grab a passport of their choice.
3. Food & Drink Tickets – hand one ticket to each guest.
4. Photo Fun! – encourage guests to grab a prop and strike a pose at the selfie station.
5. Event Entrance – guide everyone to enter through the rear where our life-size colon CRAIG awaits! 🎉

(Thank you for welcoming our community with joy, care, and connection!)

🌟 Maji Rising – Fred Hutch Colon “CRAIG” 🌟

Volunteer Instructions

1. Greet Guests – welcome each person with warmth and enthusiasm.
2. Provide Information – share key details about colon health, prevention, and resources available.
3. Support the Interactive Display – guide guests through “CRAIG” and encourage them to explore the experience.
4. Answer Questions – if you don’t know the answer, direct guests to the resource table or medical providers.
5. Keep it Fun & Friendly – remind guests that “CRAIG” helps us learn in an engaging way while building awareness for healthier communities.

(Thank you for making education engaging and meaningful!)

Maji Rising Selfie Station

Volunteer Instructions

✨ **The Doctor is In! Take Your Healthy Selfie** 💙 ✨

1. Welcome Guests – invite participants to enjoy the selfie station.
2. Props – help guests pick out fun props to use.
3. Posing – suggest playful or creative poses to make the experience memorable.
4. Photos – offer to take photos using the guest's phone so everyone can be in the shot.
5. Tripod – let guests know a tripod is available for hands-free photos if they prefer.
6. Spread Joy – keep it light, fun, and full of smiles!

(Thank you for helping capture joyful memories!)